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as the text says. and so. we may say that the Seer is the spiritual man.⁵⁸ The Yoga Sutras of Patanjali the ĩ,esh reap corruption. through which the spiritual man gains experience of the outer world. of which the Yoga is avowedly the practical side.

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Pātañjalayogasūtra-s (Patanjali Yoga Sutras) - Sanskrit

A translation of the Yoga Sutras of Patanjali with both the Vyāsa-bhāṣya and the Tattvavaiśārḍya commentaries translated into English.

Patanjali's Yoga Sutras with The Commentary Of Vyasa And

The Yoga Sutras of Patanjali The Threads of Union Translation by BonGiovanni. 1. on Contemplations 2. on Spiritual Disciplines 3. on Divine Powers 4. on Realizations. Before beginning any spiritual text it is customary to clear the mind of all distracting thoughts, to calm the breath and to purify the heart.

The Yoga Sutras of Patanjali

The Yoga Sūtras of Patañjali are a collection of 196 Indian sutras on the theory and practice of yoga. The Yoga Sutras were compiled prior to 400 CE by Sage Patanjali who synthesized and organized knowledge about yoga from older traditions. The Yoga Sūtras of Patañjali was the most translated ancient Indian text in the medieval era, having been translated into about forty Indian languages ...

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